

The logo features a stylized tree with purple leaves and a silhouette of a person climbing it. To the right, the text "IDAHO STARS" is in purple and "NEWSLETTER" is in blue with a horizontal line underneath.

Thank you for Seeing Me

Amanda Mills, Region 4

Through the Protective and Promotive Factors, we know that children (and people in general) need people who care about them, who listen, who they can turn to for advice and who they can call on for help in solving problems.

Children who are connected to a community have:

- a sense of belonging
- opportunities to learn about getting along with others
- people to go to when they need help
- a network they can learn from and so on...

Learn more about how strong social connections can boost your child's confidence, brain development, and active learning!

Thank
You for
Seeing
Me
continued
...

The
Invisible
Child
article

Upcoming Trainings

TITLE	DATE	HOURS	COST
Attracting, Developing and Keeping Good People: Business Practices that Make a Difference	11/17	2	\$15
Basics of Active Physical Play	12/01	2	\$30
Inclusive and Dignified Communication with Young Children with Disabilities in the Child Care Center	12/04	2	FREE
Basics of Food, Nutrition and Mealtimes	12/08	2	\$30
Talking to Parents about Concerns	12/14	2	\$25

Reducing Implicit Bias Training Spotlight

This module will focus on the importance of culturally responsive practices in enhancing outcomes for all children, especially those from diverse backgrounds. Participants will be offered a variety of activities for implementing the 7 principles of culturally responsive practices that help us recognize and identify implicit bias. Additionally, participants will be offered ideas for how to use family and community values to inform teaching and learning through the lens of the Pyramid Model. The development of this module (2 hours) was partially supported by the Pyramid Equity Project.

This, and many other trainings can be found in RISE by clicking on "Go to Training"



Steps to Quality Program Spotlight

Congratulations to River Academy: Preschool and Learning Center in Boise on reaching a Step 2! The staff at River have persevered through the pandemic to reach their quality improvement goals. We are proud to celebrate their hard work.



River Academy
Preschool & Learning Center

Read more program spotlights and keep up the great work!

[Magic Valley High School Child Care >>](#)
[Bright Stars Child Care, Caldwell >>](#)
[Giraffe Laugh, Garden City >>](#)
[TLC Child Care, Pocatello >>](#)
[Miss Becky's, Rathdrum >>](#)
[Little Wonders Preschool, Idaho Falls >>](#)
[Kids Klub, Grangeville >>](#)

Oral Health

Health Consultant Corner

Kathy Gates, BSN, RN

Did you know that cavities are one of the most common chronic diseases of childhood? In fact, in the United States, 20% of children aged 5 to 11 years have at least one untreated decayed tooth according to the CDC. Children from low-income families are twice as likely to have cavities compared with higher-income households.



[MORE ABOUT CHILDREN'S ORAL HEALTH & HOW TO SUPPORT IT >>](#)

Questions about oral care in your facility? Contact your local Child Care Health Consultant.

Holiday Books that Promote Diversity and Inclusion

Diverse representation in picture books has endless benefits for children. They can learn to view the world more broadly — or finally feel seen themselves. Plus, we can always be more inclusive, and books are just one tool of many to encourage empathy and open-mindedness in children, especially around the holiday season.



Read
the
List
HERE

Keep up on the latest trainings, child care updates, resources and blog posts on our social media pages.

STAY CONNECTED

